



## 7-SESSION ZOOM PARENTING CLASS

With: Ellen Taner, Julia Taner  
and Kaitlin Fronberg

### For All Parents with Children Ages 3-14

**We are excited to also welcome parents who are deaf and hard of hearing.**

Closed captioning will be available. Please let us know by June 18 if you'd like an ASL Translator.

**Seven Tuesdays 7:00 - 8:00 PM EST | Tuesday, June 22, 2021 – August 3, 2021**

Seven 1-hour sessions adapting the "Systematic Training for Effective Parenting" program and the "Strengthening Families Program for Parents and Youth 10-14".

- **Skills that will last a lifetime.** These valuable and easy-to-learn skills strengthen us to become the best version of ourselves as a parent.
- **Offered by trained educators.** Millions of people have taken the full-version of STEP with in-person classes, but now it is available virtually due to current social distancing.
- **The fee for the entire class (7 sessions) is \$49.00.** Scholarships available upon request.
- **Registration is on the [familykind.org](https://familykind.org) website.** Parents are encouraged to purchase the STEP Parent's Handbook online but it is not required. [steppublishers.com](https://steppublishers.com). For more information, contact: [zoomparentingclass@familykind.org](mailto:zoomparentingclass@familykind.org)
- **Weekly handouts** will be emailed to each registrant for review prior to and during class.
- **The Zoom link will be given to all registrants.** FamilyKind does not share email information with other organizations or class participants.
- **Please share this invitation** with co-parents, extended family members, friends, and colleagues. When the class is over, you'll have ongoing support available from people who joined you in class as well as FamilyKind professionals.

#### Session Topics:

Session 1 - Understanding Yourself and Your Child

Session 2 - Understanding Beliefs and Feelings

Session 3 - Encouraging Your Child and Yourself / Developing the Courage to be Imperfect

Session 4 - Listening and Talking to Your Child

Session 5 - Helping Children Cooperate

Session 6 - Discipline that Makes Sense

Session 7 - Choosing Your Approach

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Parenting Education is Fun and Rewarding. Come Be Amazed!

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